

# Reading & Reference List

## CAREGIVING FAMILIES & MENTAL ILLNESS

✓ = full article available online or on [Google Scholar](#). For articles without this symbol, visit your local public or institutional library

### FAMILY THEORY

Few-Demo, A. L., & Allen, K. R. (2020). Gender, feminist, and intersectional perspectives on families: A decade in review. *Journal of Marriage and Family*, 82(1), 326-345.

✓ Hagen, N., Lundin, S., & Petersén, Å. (2012). For better or for worse: Lifeworld, system and family caregiving for a chronic genetic disease. *Culture Unbound*, 4(3), 537-557. [Click here for article](#).

✓ Patterson, J. M. (2002). Integrating family resilience and family stress theory. *Journal of marriage and family*, 64(2), 349-360. [Click here for article](#).

Sanner, C., & Jensen, T. M. (2021). Toward more accurate measures of family structure: Accounting for sibling complexity. *Journal of Family Theory & Review*, 13(1), 110-127.

✓ Teixeira de Melo, A., & Alarcão, M. (2014). Beyond the family life cycle: Understanding family development in the twenty-first century through complexity theories. *Family Science*, 5(1), 52-59. [Click here for article](#).

### FAMILY CAREGIVING EXPERIENCES

✓ Clibbens, N., Berzins, K., & Baker, J. (2019). Caregivers' experiences of service transitions in adult mental health: An integrative qualitative synthesis. *Health & social care in the community*, 27(5). [Click here for article](#).

✓ Cree, L., Brooks, H. L., Berzins, K., Fraser, C., Lovell, K., & Bee, P. (2015). Carers' experiences of involvement in care planning: a qualitative exploration of the facilitators and barriers to engagement with mental health services. *BMC Psychiatry*, 15(1), 208. [Click here for article](#).

✓ Dodge, C. E., & Smith, A. P. (2019). Caregiving as Role Transition: Siblings' Experiences and Expectations when Caring for a Brother or Sister with Schizophrenia. *Canadian Journal of Community Mental Health*, 38(2), 35-47. [Click here for article](#).

- ✓ González-Torres, M. A., Oraa, R., Arístegui, M., Fernández-Rivas, A., & Guimon, J. (2007). Stigma and discrimination towards people with schizophrenia and their family members. *Social psychiatry and psychiatric epidemiology*, 42(1), 14-23. [Click here for article.](#)
- ✓ Jankovic, J., Yeeles, K., Katsakou, C., Amos, T., Morriss, R., Rose, D., ... & Priebe, S. (2011). Family caregivers' experiences of involuntary psychiatric hospital admissions of their relatives—a qualitative study. *PLoS One*, 6(10). [Click here for article.](#)
- ✓ Lavoie, J. A. (2018). Relative invisibility: An integrative review of carers' lived experiences of a family member's emergency mental health crisis. *Social Work in Mental Health*, 16(5), 601-626. [Click here for article.](#)
- ✓ Olasoji, M., Maude, P., & McCauley, K. (2017). Not sick enough: Experiences of carers of people with mental illness negotiating care for their relatives with mental health services. *Journal of Psychiatric and Mental Health Nursing*, 24(6), 403-411. [Click here for article.](#)
- ✓ Piat, M., Sabetti, J., Fleury, M. J., Boyer, R., & Lesage, A. (2011). "Who believes most in me and in my recovery": The importance of families for persons with serious mental illness living in structured community housing. *Journal of Social Work in Disability & Rehabilitation*, 10(1), 49-65. [Click here for article.](#)
- ✓ September, U., & Beytell, A. M. (2019). Family members' experiences: People with comorbid bipolar and substance use disorder. *International Journal of Mental Health and Addiction*, 17(5), 1162-1179. [Click here for article.](#)
- ✓ Stein, C. H., Gonzales, S. M., Walker, K., Benoit, M. F., & Russin, S. E. (2020). Self and sibling care attitudes, personal loss, and stress-related growth among siblings of adults with mental illness. *American Journal of Orthopsychiatry*, 90(6), 799–809. [Click here for article.](#)
- ✓ Verity, F., Turiho, A., Mutamba, B. B., & Cappo, D. (2021). Family care for persons with severe mental illness: experiences and perspectives of caregivers in Uganda. *International Journal of Mental Health Systems*, 15(1), 1-9. [Click here for article.](#)
- ✓ Williams, C. C. (2004). Violence against women in the context of mental illness: Hidden costs for sisters who are caregivers. *Canadian Woman Studies*, 24(1).
- ✓ Williams, C. C., & Mfoafo-M'Carthy, M. (2006). Care: Giving, receiving and meaning in the context of mental illness. *Psychiatry: Interpersonal and Biological Processes*, 69(1), 26-46. [Click here for article.](#)
- ✓ Wong, Y. L. I., Kong, D., Tu, L., & Frasso, R. (2018). "My bitterness is deeper than the ocean": understanding internalized stigma from the perspectives of persons with schizophrenia and their family caregivers. *International journal of mental health systems*, 12(1), 14. [Click here for article.](#)

## SYSTEM CHANGE

- ✓ Amir (2015). New developments for family caregivers in the context of mental health in Canada. *Canadian Journal of Community Mental Health*, 34, 143-149. [Click here for article.](#)

- ✓ Earnshaw, V. A., Quinn, D. M., & Park, C. L. (2012). Anticipated stigma and quality of life among people living with chronic illnesses. *Chronic illness*, 8(2), 79-88. [Click here for article.](#)
- ✓ Eassom, E., Giacco, D., Dirik, A., & Priebe, S. (2014). Implementing family involvement in the treatment of patients with psychosis: a systematic review of facilitating and hindering factors. *BMJ Open*, 4(10). [Click here for article.](#)
- ✓ Fekadu, W., Mihiretu, A., Craig, T. K., & Fekadu, A. (2019). Multidimensional impact of severe mental illness on family members: systematic review. *BMJ Open*, 9(12). [Click here for article.](#)
- ✓ Gone, J. P. (2013). Redressing First Nations historical trauma: Theorizing mechanisms for Indigenous culture as mental health treatment. *Transcultural psychiatry*, 50(5), 683-706. [Click here for article.](#)
- ✓ Lin, E., Durbin, J., Guerriere, D., Volpe, T., Selick, A., Kennedy, J.... & Lero, D. S. (2018). Assessing care-giving demands, resources and costs of family/friend caregivers for persons with mental health disorders: A scoping review. *Health & Social Care in The Community*. [Click here for article.](#)
- ✓ Kim, H. W., & Salyers, M. P. (2008). Attitudes and perceived barriers to working with families of persons with severe mental illness: Mental health professionals' perspectives. *Community Mental Health Journal*, 44(5), 337-345. [Click here for article.](#)
- ✓ Lavallee, L. F., & Poole, J. M. (2010). Beyond recovery: Colonization, health and healing for Indigenous people in Canada. *International Journal of Mental Health and Addiction*, 8(2), 271-281. [Click here for article.](#)
- ✓ Markoulakis, R., Weingust, S., Foot, J., & Levitt, A. (2016). The Family Navigation Project: An innovation in working with families to match mental health services with their youth's needs. *Canadian Journal of Community Mental Health*, 35, 63-66. [Click here for article.](#)
- ✓ Maybery, D., Goodyear, M., O'Hanlon, B., Cuff, R., & Reupert, A. (2014). Profession differences in family focused practice in the adult mental health system. *Family Process*, 53(4), 608-617. [Click here for article.](#)
- ✓ Selick, A., Durbin, J., Vu, N., O'Connor, K., Volpe, T., & Lin, E. (2017). Barriers and facilitators to implementing family support and education in Early Psychosis Intervention programmes: A systematic review. *Early Intervention in Psychiatry*, 11(5), 365-374. [Click here for article.](#)
- ✓ Souza, A. L. R., Guimarães, R. A., de Araújo Vilela, D., de Assis, R. M., Oliveira, L. M. D. A. C., Souza, M. R., ... & Barbosa, M. A. (2017). Factors associated with the burden of family caregivers of patients with mental disorders: a cross-sectional study. *BMC psychiatry*, 17(1), 1-10. [Click here for article.](#)

## SOCIAL WORK PRACTICE

- ✓ Ahmed, R., Bruce, S., & Jurcik, T. (2018). Towards a socioecological framework to support mental health caregivers: Implications for social work practice and education. *Social Work in Mental Health, 16*(1), 105-122. [Click here for article.](#)
- ✓ Ashcroft, R., Kourgiantakis, T., Fearing, G., Robertson, T., & Brown, J. B. (2019). Social work's scope of practice in primary mental health care: a scoping review. *The British Journal of Social Work, 49*(2), 318-334. [Click here for article.](#)
- ✓ Fouché, C., & Light, G. (2011). An Invitation to Dialogue: 'The World Café' In Social Work Research. *Qualitative social work, 10*(1), 28-48. [Click here for article.](#)
- ✓ Williams, C. C. (2018). Caregiving under siege: An argument for critical social work practice with families. *Critical social work: Past, Present, and Future. Canadian Social Work, 20*, 72-87. [Click here for article.](#)
- ✓ Williams, C. C., Almeida, M., & Knyahnytska, Y. (2015). Towards a biopsychosociopolitical frame for recovery in the context of mental illness. *British Journal of Social Work, 45*(suppl\_1), i9-i26. [Click here for article.](#)
- ✓ Williams, C. C., & Tufford, L. (2012). Professional competencies for promoting recovery in mental illness. *Psychiatry: Interpersonal & Biological Processes, 75*(2), 190-201. [Click here for article.](#)

## FAMILY THERAPY

- ✓ Denning, P. (2010). Harm reduction therapy with families and friends of people with drug problems. *Journal of Clinical Psychology, 66*(2), 164-174. [Click here for article.](#)
- Knudson-Martin, C., McDowell, T., & Bermudez, J. M. (2017). From Knowing to Doing: Guidelines for Socioculturally Attuned Family Therapy. *Journal of Marital and Family Therapy.*
- ✓ Madsen, W. C. (2014). Taking it to the Streets: Family Therapy and Family-Centered Services. *Family Process, 53*(3), 380-400. [Click here for article.](#)
- ✓ Parker, R., Leggatt, M. & Crowe, J. (2010). Public interest and private concern: the role of family carers for people suffering mental illness in the twenty first century. *Australasian Psychiatry, 18*, 163-166. [Click here for article.](#)
- ✓ Sundet, R. (2011). Collaboration: Family and therapist perspectives of helpful therapy. *Journal of Marital and Family Therapy, 37*, 236–249. [Click here for article.](#)
- ✓ Watts-Jones, T. D. (2010). Location of self: Opening the door to dialogue on intersectionality in the therapy process. *Family Process, 49*(3), 405-420. [Click here for article.](#)

## Reports:

- ✓ Change Foundation. (2017). Making privacy and consent rules work for family caregivers. [Click here for report.](#)
- ✓ MacCourt P. (2013). National guidelines for a comprehensive service system to support family caregivers of adults with mental health problems and illnesses. Mental Health Commission of Canada. [Click here for report.](#)
- ✓ Ontario Caregiver Organization. (2020). Spotlight on Ontario's Caregivers: COVID-19 Edition. [Click here for report.](#)
- ✓ Statistics Canada. (2018). *Caregivers in Canada*. [Click here for report.](#)
- ✓ Turcotte, M. (2013). Family caregiving: What are the consequences? *Statistics Canada*. [Click here for report.](#)
- ✓ van der Sanden, R. (2015). Stigma by association among family members of people with mental illness. *Universitaire Pers Maastricht*. [Click here for report.](#)

## Further Learning:

- ✓ Video: ["An Argument for Critical Social Work Practice with Families"](#)
- ✓ Online Course: [The Social Context of Mental Health and Illness](#) (Particularly Week 5: Families, Caregiving and Mental Illness)